



INSPIRE
HAWAII INSTITUTE OF
INTEGRATED
BEHAVIORAL HEALTH

YOUR GUIDE TO THE
**Psychedelic
Integration Therapist
Certificate Program**

FOR THERAPISTS & WELLNESS PRACTITIONERS



16 WEEK HYBRID COURSE

Aloha!



The Hawai'i Institute of Integrated Behavioral Health (HIIBH) has developed this 16-week interactive Certificate Program for therapists and wellness practitioners. This program will support you in navigating and supporting your clients as they embark on and integrate from therapeutic psychedelic experiences. This program is designed to equip you with the skills and knowledge needed to emerge as a leader in the field of psychedelic healing and to learn more about the rapidly evolving landscape of psychedelics and wellness.

We have curated a curriculum including the most relevant theoretical frameworks, modalities, and practices needed in understanding non-ordinary states of consciousness, and how to best integrate exceptional experiences into real life. We will be reviewing the scientific and clinical research while also covering essential ethical and legal best practices in our field.

If you have been searching for an educational program to get started in the field of psychedelic psychotherapy or for a way to feel confident supporting your clients as they navigate psychedelic medicines for healing, this certificate program is for you! We can't wait to meet you.

Dawn Martin & Erin Atkinson
Your Integration Therapist Guides

Course Features

01 VIRTUAL OPEN HOUSE

Join us online for an inside look at the Certificate Program. Learn about the curriculum, meet the instructors, & ask questions.



02 HYBRID LEARNING SESSIONS

40 hours of hybrid learning materials. We have weaved in a variety of learning options, from live Zoom sessions, in-person workshops, pre-recorded sessions & an integration workbook; as well as journal articles, podcasts and other medias.

03 SUPPORT RESOURCES

The course includes a toolbox of practical integration practices, a growing and active support system, lifetime access to course materials, and ongoing mentorship from our clinicians.

04 EXPERIENTIAL WEEKEND RETREAT

The learning opportunities include an optional 3-day add-on for an experiential psychedelic retreat. This will occur at the culmination of the program, and include opportunities for both hands on practice and experience as a participant.

COMMUNICATION

Program Logistics:
Dawn Martin
HIIBHCommunity@gmail.com

Clinical Needs:
Erin Atkinson
ErinHIIBH@gmail.com

Training Coordinator:
Jenna Mercado
JennaHIIBH@gmail.com

PROGRAM APP

Spaces - HIIBH

WEBSITE

www.HIIBH.com

SOCIAL MEDIA

[inspire_training_institute](#)

YOUR CLINICAL GUIDES

Dawn Martin, LMHC



Dawn completed her MSCP at Chaminade University of Honolulu and went on to become a Licensed Mental Health Counselor, Certified Addiction Therapist, Certified Clinical Supervisor, and Certified Trauma Specialist. She trained with the Multidisciplinary Association for Psychedelic Studies (MAPS) in the MDMA-Assisted Therapy program, completed certification training for Ketamine Assisted Psychotherapy (KAP), and provides psychedelic support to clients around preparation, set & setting, and integration.

Erin Atkinson, LCSW



Erin completed her MSW at the University of Hawai'i at Manoa. She has nearly two decades of experience in the mental health field including founding a holistic psychotherapy center and providing clinical supervision and mentorship. She specializes in trauma work and psychedelic integration, is a brainspotting practitioner, & trauma informed yoga teacher. She trained with the Multidisciplinary Association for Psychedelic Studies (MAPS) in the MDMA-Assisted Therapy program, in addition to Ketamine Assisted Therapy (KAP). Erin utilizes integrative approaches for supporting the healing journey with care given to the mind, body, spirit, community and environment.



Course Curriculum

1

Introduction to Psychedelics

Defining psychedelics and familiarizing with the most common medicines, their effects, and applications. The exploration will cover historical usage, shamanic traditions, and cultural contexts, as well as outlining the current psychedelic landscape, including legalities.

2

Psychedelics and Ceremony

Encompasses the basic pharmacology and neurobiology of psychedelic medicines, aiming to understand expanded states of consciousness. Important aspects of ceremony, including intentions, set, and setting, will be outlined.

3

Models of Integration

Participants will learn specific and effective models and frameworks for psychedelic integration therapy. The application of these skills and tools will be practiced through case studies, role-playing, and real-life scenarios.



Course Curriculum

4

Therapeutic Frameworks

The review will encompass relevant therapeutic frameworks including CBT, mindfulness, Internal Family Systems, and Jungian/transpersonal psychology. It will explore applications and how these concepts are uniquely important in psychedelic integration work.

5

Trauma-Informed Integration

How can trauma present in psychedelic work? This module outlines important trauma foundations along with critical considerations for safety and harm reduction. Participants will also come to understand how psychedelic therapy can serve as a profound modality for trauma healing.

6

Ethics & Harm Reduction

Participants will learn about important ethical considerations and limitations in psychedelic work and how to navigate within the scope of practice. You will also learn how to assess risk and equip clients to be safe and informed in their explorations.



Course Curriculum

7

Integration Tools & Techniques

Expand your toolbox of practical tools to support psychedelic integration, including journaling prompts and reflective practices, art and creative expression, and somatic approaches.

8

Leading Integration Groups

Equip participants to curate and lead psychedelic integration groups, applying the principles of group therapy dynamics to the specific therapeutic material. Special attention will be given to holding space for special populations.

9

Integrating Your Program Experience

Finally, engage in your own integration process by harvesting the insights, tools, and learnings from the course to develop a plan for implementation in your own practice.

****An optional experiential wellness retreat also offered****

Resources



INTEGRATION WORKBOOK

You will be provided with an Integration Workbook to use throughout the course as well as one you can use with your clients.



WELLNESS TOOLS & PRACTICES


You will be taught and provided a variety of somatic experiencing exercises you can use at home and with your clients.



COMMUNITY HUB

You will develop relationships and connect with other professionals in the community that you can reach out to for support, questions and resources long after the program ends.

Show up for yourself.



Every moment is an
opportunity to change
your perspective.

Training Planner

J U L Y

13: Opening day, Logistics, Intention Setting
15: Pre-recorded Session
17: Community Circle 12-1 pm
27: Virtual Live Session 9-11:00 am
29: Pre-recorded Session

A U G U S T

10: Virtual Live Session 9-11:00 am
12: Pre-recorded Session
14: Community Circle 12-1 pm
24: Virtual Live Session 9-11:00 am
26: Pre-recorded Session

S E P T E M B E R

7: Virtual Live Session 9-11:00 am
9: Pre-recorded Session
11: Community Circle 12-1 pm
21: Virtual Live Session 9-11:00 am
23: Pre-recorded Session

O C T O B E R

5: Virtual Live Session 9-11:00 am
7: Pre-recorded Session
9: Community Circle 12-1 pm
19: Virtual Live 9-11:00 am
21: Pre-recorded Session Name & Closing Ceremony

N O V E M B E R

1 - 3: Experiential Wellness Retreat at a private retreat space on the Windward side.

Experiential Wellness Retreat



FRIDAY NOV 1

Check-in
Intention
Set & Setting
Introduction to medicine space
Breathwork session

SATURDAY NOV 2

Breakfast & Tea
Morning medicine space
Sound Healing
Lunch
Afternoon medicine space
Mindfulness & Meditation
Dinner

SUNDAY NOV 3

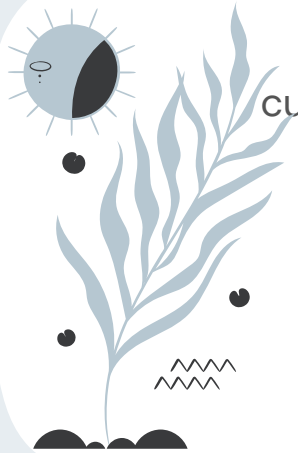
Breakfast & Tea
Self-Reflection
Somatic Experiencing
Lunch
Sound Healing
Integration Session
Check-out



Trust yourself.

Self Reflections

What has been presented in my life that has moved me to be curious about this topic?



What aspects of Psychedelic Integration am I curious about, or would like to deepen my knowledge of?

How do I intend to use the information learned as I integrate these lessons into my own practice?

Thank you!

We are so excited to continue growing and co-creating with you in our community! Please reach out to us anytime and visit our website for future training and support opportunities.

We are so happy that your curiosity around this topic has lead you to learn more.



Contact:

www.HIIBH.com

HIIBHCommunity@gmail.com

FAQ's

When is the program?

The program begins July 13 and ends October 29; with an optional experiential wellness retreat on November 1-3 at a private retreat space.

How often do we meet?

We will be meeting every other Saturday from 9-11:00 am HST. There will be assigned projects for you to complete on the off weeks.

What is my time commitment?

The program is an approximate 40 hour time commitment; including 24 hours of live virtual Zoom sessions and community circles.

How much does the program cost?

The certification program is \$2,500 and will cover all training materials, workbooks, recordings, live sessions, and 3 one-on-one mentorship sessions.

How much is the experiential wellness retreat?

The wellness retreat will be approximately \$1,500 dependent on the retreat size. This will include a 3-day stay, food, wellness workshops, and medicine.

FAQ's

When do I need to register by?

The last day to register is July 1, 2024.

Are there payment plan options?

Yes! If you would like to set up a payment plan please email us at HIIBHCommunity@gmail.com and we can set that up for you.

Do I need to attend the experiential retreat?

Short answer is no, however we highly encourage you to participate in the experiential retreat or the somatic breathwork session to fully understand expanded states of consciousness and the work of integration.

Are there any educational requirements to register for the program?

There are no educational requirements to register for the training. It is optimal to have some background in the healing/therapy profession.

Can I attend the certificate program and not attend the experiential retreat?

Yes, the certificate program is not dependent on the experiential retreat.

Notes

